

SEPTEMBER 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Comfort Zone Rockvale Elem 5:45PM Bill G – 848-0860	2 Miller's Grocery Steve 890-7269 5:30PM Clint 962-1450 SI/H/N Lascassas Baptist Keith 419-1323 5:30PM Cary 893-0721 I/H/N		4 Rockvale Elem Consensus Ride 7:30 AM No CZ Ride
5 Christiana Elem Consensus Ride 4:00 PM		7 Patterson Baptist Mark B – 278-8575 I/H/N 5:30 PM Sharpsville Bob&Hollie 893-0495 SI/H/N 5:30 PM	8 Comfort Zone Rockvale Elem 5:45PM Bill G – 848-0860	9 Miller's Grocery Steve 890-7269 5:30PM Clint 962-1450 SI/H/N Lascassas Baptist Keith 419-1323 5:30PM Cary 893-0721 I/H/N		11 Rockvale Elem Mark B – 278-8575 I/H/D 8:00 AM CZ Ride – Rockvale Elem 8:00 AM Sara P – 714-3610
12 Kittrell Elem Jen 300-8290 I/H/N 4:00 PM		14 Patterson Baptist Mark B – 278-8575 I/H/N 5:30 PM Sharpsville Bob&Hollie 893-0495 SI/H/N 5:30 PM	15 Comfort Zone Rockvale Elem 5:45PM Bill G – 848-0860	16 Miller's Grocery Steve 890-7269 5:30PM Clint 962-1450 SI/H/N Lascassas Baptist Keith 419-1323 5:30PM Cary 893-0721 I/H/N		18 Woodbury Square Alexandria BBQ Ride Mike C – 692-2793 9:00AM CZ Ride – Black Fox Elem Georganne R – 893-9531 8:00 AM
19 Kittrell Elem Sara P – 714-3610 I/H/N 4:00 PM		21 Patterson Baptist Mark B – 278-8575 I/H/N 5:30 PM Lascassas Baptist Bob&Hollie 893-0495 SI/H/N 5:30 PM	22 Comfort Zone Rockvale Elem 5:45PM Bill G – 848-0860	23 Miller's Grocery Steve 890-7269 5:30PM Clint 962-1450 SI/H/N Lascassas Baptist Keith 419-1323 5:30PM Cary 893-0721 I/H/N		25 Arrington Vineyard Mark B – 278-8575 I/H/D 8:00 AM CZ Ride – Kittrell Elem 8:00 AM Sara P – 714-3610
26 Rockvale Elem Consensus Ride 4:00 PM		28 Patterson Baptist Mark B – 278-8575 I/H/N 5:30 PM Sharpsville Bob&Hollie 893-0495 SI/H/N 5:30 PM	29 Comfort Zone Rockvale Elem 5:45PM Bill G – 848-0860	30 Miller's Grocery Steve 890-7269 5:30PM Clint 962-1450 SI/H/N Lascassas Baptist Keith 419-1323 5:30PM Cary 893-0721 I/H/N		
Ride Ratings: Pace - S = 17 mph+ I = 13-16 mph CZ = less than 13 mph Terrain - F = Flat H = Some hills X = Very hilly Drops - N = Ride leader does not drop riders D = Ride Leader will not adjust pace to stay with dropped riders			Notes: Please contact ride leader if you have any questions or need directions. All club rides require riders to wear a helmet and minors must be accompanied by parent or guardian.			